

Trinidad & Tobago

THINGS TO DO | MAY 2026

FRI 01 MAY

Bonjour - Breakfast Brunch
Lagos Event Management &
Promotion
Field of Dreams, Clifton Hill Club,
Point Fortin
6:00 AM

**UWI Children's Theatre
Production 2026**
UWI Department of Creative and
Festival Arts
Learning Resource Centre, UWI
St. Augustine
10:00 AM & 1:00 PM

Visual Arts Degree Exhibition
UWI Department of Creative &
Festival Arts
Central Bank Museum, Port of Spain
10:00 AM - 4:00 PM

Children & Youth Events
Bocas Lit Fest
NALIS - 1st Floor Seminar Room,
Old Fire Station & AV Room,
Port of Spain
10:00 AM - 4:00 PM

May MTB Madness
Tobago Mountain Bike Tours
Tablepiece Recreation Ground, Arnos
Vale, Tobago
1:00 PM - 6:00PM

**Visual Arts Certificate
Exhibition**
UWI Department of Creative &
Festival Arts
Exhibition Hall, DCFA Gordon
Street, St. Augustine
10:00 AM - 4:00 PM

**Take Two: Lance Dowrich and
Scarlet Ibis James**
Bocas Lit Fest
NALIS - Old Fire Station,
Port of Spain
3:00 PM - 4:00 PM

**Big Ideas: What does
"Caribbean" still mean?**
Bocas Lit Fest
NALIS - Old Fire Station,
Port of Spain
4:00 PM - 5:30 PM

**Breaking Dawn Presents
Shades of Sunset**
Play Committee
Mahaica Sporting Complex,
Point Fortin
4:00 PM - 12:00 AM

Smoke & Mirrors
The Boss Experience
Clifton Hill Beach District,
Point Fortin
5:00 PM - 11:00 PM

DDI Sunset Cruise
Island Experiences
CrewsInn Marina, Chaguaramas
5:30 PM - 9:30 PM

**COME EEN - Back In Time
Cooler Party**
Black 2 Sugars
Cinro Manor, Lowlands, Tobago
6:00 PM - 11:00 PM

Starting Point
Miami Events, Viking Ding Dong,
DEdge Shop
Clifton Hill Beach Resort, Point Fortin
6:00 PM - 12:00 AM

"Anansi Say"
UWI Arts Chorale, UWI Arts Steel &
UWI Festival Dance Ensemble
Queen's Hall, Port of Spain
7:00 PM

Kaiso Conversations: 3Canal
Bocas Lit Fest
Big Black Box, Port of Spain
7:00 PM - 9:00 PM

Karaoke Fridays
Paris Bar
Paris Bar, Buccoo, Tobago
9:00 PM

SAT 02 MAY

J'ouvert Celebrations
Point Fortin Borough Corporation
Streets of Point Fortin
4:00 AM - 10:00 AM
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Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 02 MAY

Maple Leaf 5K & 1K

Maple Leaf International School
CIC Grounds, Port of Spain
6:00 AM

May MTB Madness

Tobago Mountain Bike Tours
Tablepiece Recreation Ground, Arnos
Vale, Tobago
7:00 AM - 5:00 PM

Explore the Wonders of Down D Islands

Casa Tours
Meeting Point: Mt. Hope Hospital
& Hyatt Regency
7:00 AM - 5:00 PM

Paramin Village Experience

Casa Tours
Meeting Point: Police Mess,
St. James
8:00 AM - 1:00 PM

The Fictional Antagonist: Your Main Character's Best Friend, with Justin Haynes

Bocas Lit Fest
NALIS, Port of Spain
10:00 AM - 12:00 PM

NMAG Big Ideas: Heritage Matters & Objects of Memory

Bocas Lit Fest
NALIS - Old Fire Station,
Port of Spain
10:00 AM - 12:30 PM

Writers First Series (#1 - Introducing Jacaranda, #2 - Black Writer's Toolbox, #3 - Stage to Page)

Bocas Lit Fest
NALIS, Port of Spain
10:00 AM - 3:00 PM

TTMA Mother's Day

Pop Up Shop
Trinidad and Tobago Manufacturer's
Association
Centre of Excellence, Macoya
10:00 AM - 6:00 PM

Island to Island : From San Andreas to Trinidad & Take Two: Cristina Bendek and Adalber Salas Hernandez

Bocas Lit Fest
NALIS, Port of Spain
11:00 AM - 2:30 PM

Stand and Deliver Saturday:

Open Mic
Bocas Lit Fest
Abercromby Street Arcade,
Port of Spain
12:00 PM - 1:00 PM

Traditional Mas'

Point Fortin Borough Corporation
**Mahaica Sports Complex - Streets of
Point Fortin**
1:00 PM

Beachfront Jazz

Black 2 Sugars
**Magdalena Grand Beach &
Golf Resort, Tobago**
1:00 PM - 9:00 PM

Reading for Mental Health, with Ella Berthoud

Bocas Lit Fest
NALIS - 1st Floor Seminar,
Port of Spain
2:00 PM - 4:00 PM

UWI Children's Theatre Production 2026

UWI Department of Creative &
Festival Arts
**Learning Resource Centre,
UWI St. Augustine**
2:00 PM & 5:00 PM

Lost and Found: An A-Z of Neglected Writers of the Anglophone Caribbean

Bocas Lit Fest
NALIS - Old Fire Station, Port of Spain
2:30 PM - 3:30 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 02 MAY

One on One: Brigid
Washington & Cheryl
Boyce-Taylor

Bocas Lit Fest
NALIS - AV Room & Old Fire Station,
Port of Spain
3:00 PM - 4:30 PM

Gifts for Mom
South Market
MovieTowne, Port of Spain
3:00 PM - 9:00 PM

Writers Union Presents
Bocas Lit Fest
NALIS - AV Room, Port of Spain
4:00 PM - 5:00 PM

Ole Mas Competition and
Extempo Debate
Bocas Lit Fest
Hart Street Arcade, Port of Spain
4:30 PM - 5:30 PM

Pan on the Move
Point Fortin Borough Corporation
Streets of Point Fortin
5:00 PM

Borough Jam Party
Teanut and Friends
Lagoon Drive, Point D'or, La Brea
5:00 PM - 12:00 AM

Air Supply 50th Anniversary
Celebration Tour Live
Gemini Production
Queen's Park Oval, Port of Spain
5:00 PM - 12:00 AM

Sundara
Sundara Festival
Pueblo el Pao, Santa Cruz
5:00 PM - 6:00 AM

Evening of Excellence
ASJA Boys' College, San Fernando PTA
19-21 Park Street, San Fernando
5:30 PM

All Out - One Last Time
Illusion
King's Glory Apostolic Church,
Rio Claro
6:00 PM - 11:00 PM

R&B Saturdays
Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
7:00 PM

Love In Motion II
Synthesis Groove Dance School
Trinidad Theatre Workshop, St. Clair
7:00 PM - 9:00 PM

Marilyn Joseph Presents
"Grateful-A Concert of Radical
Gratitude"
Marilyn Joseph
Queen's Hall, Port of Spain
7:00 PM - 9:30 PM

Kevin Soyer's "Intervention" -
The Sit-Down Comedy Show
Harding Creative
Cipriani College of Labour &
Co-Operative Studies, Valsayn
7:00 PM - 10:00 PM

Turtle Watching Experience
Island Experiences
Meeting Point: Hotel Normandie,
Port of Spain
7:00 PM - 12:00 AM

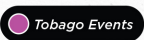
Mix and Mingle Saturdays
Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
8:00 PM

Scandal in Cedros
RS/RR Productions Theatre
Central Bank Auditorium,
Port of Spain
8:30PM

SNL - Saturday Night Live
Barcode
Barcode, Scarborough, Tobago
9:00 PM

Big People Party
Diego Martin Central Alumni and
Friends
St. Michael's Parish Hall, Diego Martin
9:00 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 02 MAY

MAYFAIR - Best of 80's, 90's & 2000's

DJ Greg Entertainment
Lumiere Lounge, Freeport
9:00 PM - 3:00 AM

Rastaclusive - A Decade of Roots

Prophet Benjamin
Mt. Tohloh, Point Fortin
9:00 PM - 5:00 AM

Temperature TOO HOT

Belnsported
Harbour Master, Port of Spain
10:00 PM - 2:00 AM

Pineapple Paradise - The Gala

Rogue Concepts
Garden Jewel, Point Fortin
10:00 PM - 6:00 AM

Tropical Whine

Dane Paul Entertainment
Clifton Hill Beach, Point Fortin
11:00 PM - 5:00 AM

Visual Arts Certificate Exhibition

UWI Department of Creative & Festival Arts
Exhibition Hall, DCFA Gordon Street,
St. Augustine
10:00 AM - 4:00 PM

SUN 03 MAY

Diamond Dash Sapphire

Diamond Dash, Trinidad Events
Wendy Fitzwilliam Boulevard,
Diego Martin
6:00 AM - 10:00 AM

St Joseph's Convent 5K

St. Joseph's Convent & Bafasports
Queen's Park Savannah, Port of Spain
6:00 AM

May MTB Madness

Tobago Mountain Bike Tours
Tablepiece Recreation Ground,
Arnos Vale, Tobago
6:00 AM - 6:00 PM

Down D Islands! 13 Isles

Western Peninsula Tour
Affordable Tours TT
La Soufriere Boat Yard, Chagaramas
7:00 AM - 3:00 PM

Subway Maracas Open Water Classic 2026

Aquatics Sports Association of
Trinidad and Tobago
Maracas Bay, Maracas
7:30 AM



Pinch
to zoom



Tobago Events

Manzan/Mayaro Flavor Run Foodie Tour

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
7:45 AM - 7:30 PM

Mother's Day Market & Family Fest

T&T Woman's Forum
Eddie Hart Savannah, Tacarigua
9:00 AM - 6:00 PM

Belle Garden and St. Edward Anglican Church Harvest Festival

Belle Garden and St. Edward Anglican Church
Belle Garden, Tobago
10:00 AM

Voices of Home & Life Stories (Panel)

Bocas Lit Fest
NALIS - AV Floor, Port of Spain
10:00 AM - 12:00 PM

There's No Place Like - With Tessa McWatt

Bocas Lit Fest
NALIS - 1st Floor Seminar,
Port of Spain
10:00 AM - 12:00 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SUN 03 MAY

**One-On-One - Justin Haynes,
Canisia Lubrin, Tessa McWatt,
Raymond Antrobus &**

Margaret Busby

Bocas Lit Fest
NALIS - Old Fire Station,
Port of Spain
10:00 AM - 5:00 PM

Windball Cricket Tournament

Arima Windball Cricket League
Princess Royal Park, Arima
10:00 AM - 5:00 PM

All about Mom

South Market
Valpark Shopping Plaza, Valsayn
11:00 AM - 5:00 PM

Stand and Deliver Sunday-

Open Mic
Bocas Lit Fest
Abercromby Street Arcade,
Port of Spain
12:00 PM - 1:00 PM

**Writers First Series (#4 Ready
or Not?, #5 Translation
Matters, #6 Listening In)**

Bocas Lit Fest
NALIS, Port of Spain
1:00 PM - 4:00 PM

**Take Two - Karen Barrow and
Christina Cooke**

Bocas Lit Fest
NALIS- Old Fire Station,
Port of Spain
2:00 PM - 3:00 PM

**Poetry as Vessel- With
Canisia Lubrin**

Bocas Lit Fest
NALIS - 1st Floor Seminar,
Port of Spain
2:00 PM - 4:00 PM

Long Live Brunch

Wonderland Events
Wilson Field, Arouca
2:00 PM - 8:00 PM

**Caribbean Backyard Fete
Rhythm**

Frequency of Love
Straker's Ranch, Point Fortin
2:00 PM - 10:00 PM

Cinco

Life Events
Harbour Master, Port of Spain
3:00 PM - 7:00 PM

**Country Brunch - Tropical
Fruit Fiesta**

Country Yard Entertainment
Special Auto Car Park, Brazil
3:00 PM - 9:00 PM

Tipsy Parrot

DJ Private Ryan
Rockback on the Bay, Chaguaramas
3:00 PM - 10:00 PM

**Chris & Papi - The Land of
Feters**

DJ Elon, Aesthetic Events
Carrington's Estate, Point Fortin
3:00 PM - 11:00 PM

Seafood Boil & Tour

Casa Tours
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

**Caroni Bird Sanctuary Boat
Tour**

Island Experiences
Caroni Bird Sanctuary, Caroni
3:30 PM - 7:00 PM

Jazz N Wine

360 Degrees Events
Queen's Hall, Port of Spain
4:00 PM - 8:00 PM

CHIC - Splash of Emerald

Teanut and Friends
Lagoon Drive, Point D'or, La Brea
4:00 PM - 12:00 AM

**RESURGENCE-The Wrestling
Event**

New Evolution Wrestling
Hutt Shutts, Tacarigua
5:00 PM - 8:30 PM

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Tobago Events

Trinidad & Tobago

THINGS TO DO | MAY 2026

SUN 03 MAY

Jazz Under the Stars
Fairways Restaurant and Lounge,
The Fairways Magdalena Estate,
Tobago
5:00 PM - 10:00 PM

Flowers
Roots and Rise Foundation
Point Fortin West Secondary,
Point Fortin
5:00 PM - 11:00 PM

Scandal in Cedros
RS/RR Productions Theatre
Central Bank Auditorium,
Port of Spain
6:30 PM

National Poetry Slam 2026
Bocas Lit Fest
National Academy for the Performing
Arts, Port of Spain
6:30 PM - 9:00 PM

***For Old Times Sake - De Big
People Party***
Field of Dreams & Friends
Field of Dreams, Clifton Hill Club,
Point Fortin
7:00 PM - 1:00 AM

Sunday School
Paris Bar
Paris Bar, Buccoo, Tobago
8:00 PM

Reggae and R&B
Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
8:00 PM

MON 04 MAY

Spoilitt - Lavway Edition
Special People Only in Little Trinidad
and Tobago
#5 Humming Bird Avenue, Paria
Garden, Aripero
5:00 PM - 11:00 PM

Pan & Roast
Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine,
Tobago
6:00 PM

Blossom on the Rooftop
Carrington's Estate Entertainment &
The Tobago Family
Carrington's Rooftop, Point Fortin
6:00 PM - 12:00 AM

Monday Meltdown Madness
Sundaze Events, Just Illusions
Paradise Escape, Farrel Street,
Cap-de-Ville, Point Fortin
6:00 PM - 12:00 AM

TUE 05 MAY

Karaoke Tuesdays
Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Salsa N' Chill
Roddy Tang Yew
Island Beer Chill & Grill, Port of Spain
9:00 PM - 1:00 AM

WED 06 MAY

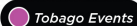
Sunset Jazz
Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Jade Monkey Karaoke
Jade Monkey Bar
Jade Monkey Bar, Crown Point, Tobago
9:00 PM - 11:00 PM

THU 07 MAY

UWI Arts Wind Ensemble Concert
UWI Department of Creative &
Festival Arts
Lecture Room 3, UWI RBL DCFA Building,
Gordon Street, St. Augustine
6:30 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

FRI 08 MAY

Sip & Paint

Roshell's Art
Taste of Happiness, La Romaine
5:30 PM - 7:30 PM

A Night of 3 Mestres

UWI Department of Modern Languages and Linguistics
LRC Auditorium, UWI St. Augustine
7:00 PM

Karaoke Fridays

Paris Bar
Paris Bar, Buccoo, Tobago
9:00 PM

SAT 09 MAY

Beth Rapha 5K

The Presbyterian Church of Trinidad & Tobago
Paradise Hill, San Fernando
6:00 AM

Toco Brunch & Tour

Casa Tours
Meeting Point: Mt. Hope Hospital
7:00 AM - 5:00 PM

A Night of 3 Mestres

UWI Department of Modern Languages and Linguistics
LRC Auditorium, UWI St. Augustine
7:00 PM

Marac Heritage and Adventure Tour

National Trust of Trinidad and Tobago
Meeting Point: Mille Fleurs, Port of Spain
7:00 AM - 5:00 PM

Platinum Jubilee Orchid Festival - A Mother's Day Tribute

Trinidad and Tobago Orchid Society
National Cycling Velodrome, Couva
9:00 AM - 5:00 PM

Gift & Giveaways: A Mother's Day Market

South Market
C3 Centre, San Fernando
10:00 AM - 6:00 PM

M.O.M. (Magic of Mom Market)

South Market
Brentwood Mall, Chaguanas
10:00 AM - 6:00 PM

All for Mom

Engine'77 Limited
Achievers Banquet Hall, San Fernando
11:00 AM - 3:00 PM
& 6:00 PM - 10:00 PM

Sal Tarrae Mother's Day BINGO

Sal Tarrae Sustainable Development Foundation
South West Regional Indoor Arena, Point Fortin
1:00 PM



Pinch to zoom

Tobago Events

Sip & Paint

Roshell's Art
Taste of Happiness, La Romaine
1:30 PM - 3:30 PM

Brunch & Boujee - The Tea Party

Truly Jeremy Adventures & Experiences
Zpatio, San Juan
2:00 PM - 8:00 PM

Steps for Hope 1K and 5K

The Catholic News
CIC Grounds, Port of Spain
3:00 PM

Leatherback Turtle Watching & BBQ

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
3:00 PM - 1:00 AM

Caroni Cocktails & Candles

Casa Tours
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

Ibis & Paint

Affordable Tours TT
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

Santorini Soiree

Soroptimist International
Pointe-A-Pierre Golf Club Ballroom, Pointe-A-Pierre
3:30 PM - 9:00 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 09 MAY

Sip & Paint

Roshell's Art

The Cake Lab Coffeehouse, Freeport
5:30 PM - 7:30 PM

Mom's Night Out

Joel John

Naparima Bowl, San Fernando
5:45 PM

For the Love of Dance 2026

Trinidad Dance Theatre

**Southern Academy for the
Performing Arts, San Fernando**
6:00 PM

The Hidden Gems of Dennis Williams Franklyn - Merchant

Merchant Publishing

**National Academy for the
Performing Arts, Port of Spain**
6:30 PM - 10:00 PM

R&B Saturdays

Anchor Bar & Grill

Anchor Bar & Grill, Mt. Irvine, Tobago
7:00 PM

Mix and Mingle Saturdays

Jade Monkey Bar

**Jade Monkey Bar, Crown Point,
Tobago**
8:00 PM

Annual Mother's Day Spectacular

RM Concerts

**Center Pointe Mall Auditorium,
Chaguanas**
8:00 PM - 1:00 AM

The 80 -100 BPM Project

Synthesis Groove Dance School
& DJ GPS

Kafe Blue, Port of Spain
8:00 PM - 2:00 AM

Symphony of Love: A Mother's Day Celebration

Country Backyard

Country Backyard, Talparo
9:00 PM - 4:00 AM

SNL - Saturday Night Live

Barcode

Barcode, Scarborough, Tobago
9:00 PM

Kabuki's Black

Kabuki Eventz

Centre Of Excellence, Macoya
9:00 PM - 4:00 AM

Soiree: The RNB Event

South Nurses

**The Lobby Bar & Lounge,
San Fernando**
9:00 PM - 4:00 AM

You, Me & R&B- Midnight Confessions

Team Xcite

Queen's Park Savannah, Port of Spain
9:00 PM - 4:00 AM

SUN 10 MAY

Platinum Jubilee Orchid Festival - A Mother's Day

Tribute

Trinidad and Tobago Orchid Society
National Cycling Velodrome, Couva
9:00 AM - 5:00 PM

Trinidad & Tobago Midnight Marathon & Ekiden Relay

Bafasports

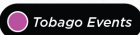
Queen's Park Savannah, Port of Spain
12:00 AM

36th Annual Road Race

Eastern Credit Union

**15K Starting Point - La Joya Complex,
St. Joseph**
**5K Starting Point - Eddie Hart
Savannah, Tacarigua**
5:00 AM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SUN 10 MAY

Ibis Bliss

Affordable Tours TT
Caroni Bird Sanctuary, Caroni
5:00 AM - 7:30 AM

Toco Foodie Fun Tour

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
7:45 AM - 5:00 PM

Taste of Cumana Tour

Totally Toco
Meeting Point: The President's
Awards Car Park, Curepe
8:00 AM - 6:30 PM

Whim St. Michael Anglican

Church Harvest Festival
Whim St. Michael Anglican Church
Whim Village, Tobago
9:00 AM

Brunch In The Garden- The

Orchid Workshop
Palmfest Plant Market
591 Onyx Circular, Edinburgh 500,
Chaguanas
9:00 AM - 1:30 PM

Men & Women Windball

Cricket League
Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

Brunch Her - Eden

Shoyboy Events
Rockback on the Bay, Chaguaramas
1:00 PM - 7:00 PM

Rhythm & Rose- A Toast To

All Queens
G Eyewear Entertainment
The Lobby Bar & Lounge,
San Fernando
2:00 PM - 9:00 PM

Monarch - Prestige. Poise.

Pour
LeighBeauty
The Anchorage, Chaguaramas
3:00 PM - 9:00 PM

Queen Couture

Red Runway Limited
Trinity College East Auditorium,
Trinity
3:15 PM

Caroni Cocktails & Canvas

Casa Tours
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

Ibis & Petals: Mother's Day

Floral Experience
Affordable Tours TT
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

Tea In The Garden - The

Topiary Workshop
Palmfest Plant Market
591 Onyx Circular, Edinburgh 500,
Chaguanas
4:30 PM - 9:00 PM

Rumour Has It

Question Mark Entertainment
Queen's Hall, Port of Spain
6:00 PM - 9:00 PM

Sunday School

Paris Bar
Paris Bar, Buccoo, Tobago
8:00 PM

Reggae and R&B

Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
8:00 PM

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Tobago Events

Trinidad & Tobago

THINGS TO DO | MAY 2026

MON 11 MAY

Pan & Roast

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

TUE 12 MAY

Karaoke Tuesdays

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Salsa N' Chill

Roddy Tang Yew
Island Beer Chill & Grill, Port of Spain
9:00 PM - 1:00 AM

WED 13 MAY

Sunset Jazz

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Jade Monkey Karaoke

Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
9:00 PM - 11:00 PM

THU 14 MAY

King of the Dirt

Radio Controlled Model Organization
of Trinidad and Tobago
Gilbert Park, Couva
10:00 AM - 5:30 PM

FRI 15 MAY

King of the Dirt

Radio Controlled Model Organization
of Trinidad and Tobago
Gilbert Park, Couva
10:00 AM - 5:30 PM

Midnight Cruise 4

Midnight Events
Harbour Master, Port of Spain
12:00 AM - 3:00 AM

Karaoke Fridays

Paris Bar
Paris Bar, Buccoo, Tobago
9:00 PM

SAT 16 MAY

King of the Dirt

Radio Controlled Model Organization
of Trinidad and Tobago
Gilbert Park, Couva
10:00 AM - 5:30 PM



Pinch
to zoom

Tobago Events

ATV & Kayaking Adventures

Totally Toco
Meeting Point: The President's Awards
Car Park, Curepe
7:30 AM - 4:30 PM

Home Gardening Workshop & Paramin Tour

Affordable Tours TT
Meeting Point: Police Mess,
St. James | 8:00 AM - 1:00 PM

Barrackpore Heritage and Adventure Tour

National Trust of Trinidad and Tobago
Meeting Point: Mille Fleurs,
Port of Spain
8:00 AM - 5:00 PM

Men & Women Windball Cricket League

Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

Handmade Curations

South Market
Gulf City Mall, San Fernando
10:00 AM - 6:00 PM

R&B Brunch Festival

Scorch, Air Committee, SCORCH Radio,
Strictly FX & Ricky Raghunanan Group
of Companies
Queen's Park Savannah West,
Port of Spain | 4:00 PM - 11:00 PM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 16 MAY

Bridgerton Masquerade Ball Gala

Rotary Club of Maraval
Hyatt Regency, Port of Spain
6:30 PM - 12:00 AM

R&B Saturdays

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
7:00 PM

Bring Back The Ole Time Days - Excellence Edition

Outside Nice Events
Centre Of Excellence, Macoya
7:00 PM - 2:00 AM

Mix and Mingle Saturdays

Jade Monkey Bar
Jade Monkey Bar, Crown Point, Tobago
8:00 PM

SNL - Saturday Night Live

Barcode
Barcode, Scarborough, Tobago
9:00 PM

SUN 17 MAY

King of the Dirt

Radio Controlled Model Organization of Trinidad and Tobago
Gilbert Park, Couva
10:00 AM - 5:30 PM

Men & Women Windball Cricket League

Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

Run the Ton 5K

PaceLink Run Club
South West Regional Indoor Arena, Point Fortin
6:00 AM - 8:00 AM

5k Run & Walk

Vessigny Secondary School
South Western Regional Indoor Arena, Point Fortin
6:00 AM - 9:00 AM

Toco Foodie Lovers Tour

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
7:45 AM - 7:30 PM

Paramin & Cocoa Tea

Affordable Tours TT
Meeting Point: Police Mess, St. James | 8:00 AM - 1:00 PM



Tobago Events

COFFEEhouse

COFFEEhouse
Offside Ristorante, South Park Plaza, San Fernando
10:00 AM - 3:00 PM

Convent Courtyard 2026

St. Joseph's Convent Port of Spain Past Pupil Association
St. Joseph's Convent, Port of Spain
12:00 PM - 5:00 PM

Sip & Paint

Roshell's Art
Toppers Restaurant & Bar, Grand Bazaar
3:00 PM - 5:00 PM

A "Taste of Trini" on the Caroni Bird Sanctuary

Art by Akilah, Nanan's Bird Sanctuary Tours
Caroni Bird Sanctuary, Caroni
3:15 PM - 6:30 PM

Laugh Till Ya Belly Buss

V Productions
Southern Academy for the Performing Arts, San Fernando
6:00 PM - 9:00 PM

Jazz in 4/4

PBP Productions
Kafe Blue, Port of Spain
7:00 PM - 9:00 PM

(continued on next page)

Trinidad & Tobago

THINGS TO DO | MAY 2026

SUN 17 MAY

Sunday School

Paris Bar
Paris Bar, Buccoo, Tobago
8:00 PM

Reggae and R&B

Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
8:00 PM

MAI-TIDE - Road To World Cup

Ground Breakers Family
Harbour Master, Port of Spain
3:00 PM - 7:00 PM

MON 18 MAY

Pan & Roast

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

TUE 19 MAY

Malvolio's Masquerade -

Road To Italy
Milwaz Productions
National Academy for the Performing
Arts, Port of Spain
9:00 AM & 12:00 PM

Karaoke Tuesdays

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine,
Tobago
6:00 PM

Salsa N' Chill

Roddy Tang Yew
Island Beer Chill & Grill,
Port of Spain
9:00 PM - 1:00 AM

WED 20 MAY

Sunset Jazz

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine,
Tobago
6:00 PM

Malvolio's Masquerade -

Road To Italy
Milwaz Productions
National Academy for the
Performing Arts, Port of Spain
7:00 PM

Jade Monkey Karaoke

Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
9:00 PM - 11:00 PM

FRI 22 MAY

Sip & Paint

Roshell's Art
Taste of Happiness, San Fernando
5:30 PM - 7:30 PM

Karaoke Fridays

Paris Bar
Paris Bar, Buccoo, Tobago
9:00 PM

Pulse - The Forbidden

Kingdom
The Clubhouse
Harbour Master, Port of Spain
11:00 PM - 3:00 AM

SAT 23 MAY

Michael Hercules 9K Road

Race and Walkathon
Trinidad and Tobago Prison Service
3K Walkathon - Bon Air Junction
9K Road Race - Arima Velodrome
6:00 AM

TTHEA 70th Anniversary

Breakfast Walk/Run
The Trinidad and Tobago Home
Economics Association (TTHEA)
Marabella North Secondary School,
Marabella | 6:30 AM

(continued on next page)



Trinidad & Tobago

THINGS TO DO | MAY 2026

SAT 23 MAY

Paramin Sunrise Wellness Escape

VIVA Vibe Health & Wellness,
La Rose de Paramin
Meeting Point: NP Gas Station & Quick Shop, Maraval
7:00 AM - 11:00 AM

Explore the Wonders of Down D Islands

Casa Tours
Meeting Point: Mt. Hope Hospital & Hyatt Regency
7:00 AM - 5:00 PM

Princes Town Heritage and Culinary Tour

The National Trust of Trinidad and Tobago
Meeting Point: Mille Fleurs, Port of Spain
8:00 AM - 4:00 PM

Men & Women Windball Cricket League

Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

The Artisan Collective

868 Made Artisans Hub
Brentwood Mall Atrium, Chaguanas
10:00 AM - 6:00 PM

Honey Fest

BUZZconcepts Ltd
Department of Creative and Festival Arts, UWI St. Augustine
11:00 AM - 7:00 PM

Paramin Sunset Experience

Casa Tours
Meeting Point: Police Mess, St. James
2:00 PM - 7:00 PM

Leatherback Turtle Nesting & BBQ

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
3:00 PM - 1:00 AM

Casa Meat Madness & Tour

Casa Tours
Caroni Bird Sanctuary, Caroni
3:30 PM - 6:30 PM

Caroni Bird Sanctuary

Boat Tour
Island Experiences
Caroni Bird Sanctuary, Caroni
3:30 PM - 7:00 PM

St. Joseph Convent San Fernando 5K

SJC Past Pupils Association,
San Fernando
Naparima College Grounds, San Fernando
4:00 PM

Twin Island Wrestling Presents - Sanitas Fortis

Twin Island Wrestling
Southern Regional Indoor Sporting Arena, San Fernando
5:30 PM - 8:00 PM

CUFF 22 - Lau vs Adhar

Caribbean Ultimate Fist Fighting Limited
Cascadia Hotel, St. Ann's
6:00 PM - 11:00 PM

Lights, Legends & Legacy

Heart and Sole Dance Company
Queen's Hall, Port of Spain
6:00 PM - 8:30 PM

R&B Saturdays

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
7:00 PM

Mix and Mingle Saturdays

Jade Monkey Bar
Jade Monkey Bar, Crown Point, Tobago
8:00 PM

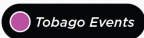
DJ Rene Memories 3

DJ Rene
Katalyst Night Club, Woodbrook
8:00 PM - 2:00 AM

SNL - Saturday Night Live

Barcode
Barcode, Scarborough, Tobago
9:00 PM

(continued on next page)



Trinidad & Tobago

THINGS TO DO | MAY 2026

Cyah Behave Meh Self Cooler Cruise

CBM Events
Ocean Pelican, Chaguaramas
11:30 PM - 4:00 AM

SUN 24 MAY

Run For the Goals

Sal Tarrae Sustainable Development Foundation, Southern Sailing Academy
Vessigny Beach Facility, Vessigny
6:00 AM

Arbor Rosewood 5K and Color Run

Bafa Sports
CIC Grounds, Port of Spain
6:00 AM

Beaucarro Mental Health Awareness Fun Walk/Run

Beaucarro Community
Beaucarro Recreation Ground, Freeport
6:00 AM - 11:00 AM

Toco Foodie Fun Tour

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
7:45 AM - 5:00 PM

Regatta #4

Trinidad and Tobago Powerboat Association
Casters Cove, Chaguaramas
12:00 PM - 6:00 PM

Men & Women Windball Cricket League

Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

Oldie Tunes- Rewind

Myamivaash
Ocean Pelican, Chaguaramas
2:00 PM - 7:00 PM

Let's Brunch - Part II

Delectable Meals
The Lobby Bar & Lounge, San Fernando
2:00 PM - 9:00 PM

Sip & Paint

Roshell's Art
Salus Lifestyle, Chaguanas
3:00 PM - 5:00 PM

Punchy Brunch-

The Tea Party
Punchy Punch
The Anchorage, Chaguaramas
4:00 PM - 11:00 PM

Lights, Legends & Legacy

Heart and Sole Dance Company
Queen's Hall, Port of Spain
5:00 PM - 7:30 PM

Sunday School

Paris Bar
Paris Bar, Buccoo, Tobago
8:00 PM

Reggae and R&B

Jade Monkey Bar
Jade Monkey Bar, Crown Point, Tobago
8:00 PM

MON 25 MAY

Pan & Roast

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

TUE 26 MAY

Malvolio's Masquerade -

Road To Italy
Milwaz Productions
Southern Academy for the Performing Arts, San Fernando
9:00 AM & 12:00 PM

Karaoke Tuesdays

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Salsa N' Chill

Roddy Tang Yew
Island Beer Chill & Grill, Port of Spain
9:00 PM - 1:00 AM

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Trinidad & Tobago

THINGS TO DO | MAY 2026

WED 27 MAY

Malvolio's Masquerade -

Road To Italy

Milwaz Productions

Southern Academy for the Performing Arts, San Fernando
9:00 AM & 12:00 PM

TTFE Short Films Package

Trinidad + Tobago Film Festival
Little Carib Theatre, Port of Spain
6:00 PM

Sunset Jazz

Anchor Bar & Grill
Anchor Bar & Grill, Mt. Irvine, Tobago
6:00 PM

Jade Monkey Karaoke

Jade Monkey Bar
Jade Monkey Bar, Crown Point, Tobago
9:00 PM - 11:00 PM

FRI 29 MAY

DDI Sunset Cruise

Island Experiences
Meeting Point: Crewsinn Marina, Chaguaramas
5:30 PM - 9:30 PM

Out & Bad - Part 3

Merciless Promotions
Ocean Pelican, Chaguaramas
8:00 PM - 12:00 AM

Scandal in Cedros

RS/RR Productions Theatre
Cipriani College of Labour & Co-Operative Studies, Valsayn
8:30 PM

Karaoke Fridays

Paris Bar
Paris Bar, Buccoo, Tobago
9:00 PM

Rangeela - The Arrival Day

Cooler Party
Jus Now
Calabash Garden, Port of Spain
9:00 PM - 2:00 AM

COMING IN HOT

Negus Entertainment
Ocean Pelican, Chaguaramas
11:00 PM - 3:00 AM

SAT 30 MAY

Indian Arrival Day

Government of the Republic of Trinidad and Tobago (GORTT)
All Day

Scandal in Cedros

RS/RR Productions Theatre
Cipriani College of Labour & Co-Operative Studies, Valsayn
8:30 PM

Metronomes 5K Run/ Walk 2026

Metronomes Sports and Cultural Club
Govindra Roonparine Recreation Club, Penal
6:00 AM - 8:30 AM

Foodie Extravaganza Tour

Totally Toco
Meeting Point: The President's Awards Car Park, Curepe
7:30 AM - 6:00 PM

Doll's Curry Experience Tour

Foodie Tours with Zaak
Meeting Point: Grand Bazaar, Valsayn
8:15 AM - 4:30 PM

Fantastic Voyage 3

Dexstar's Promotion
Harbour Master, Port of Spain
9:00 AM - 2:00 PM

Men & Women Windball Cricket League

Arima Windball Cricket League
Princess Royal Park, Arima
9:00 AM - 5:00 PM

(continued on next page)



Trinidad & Tobago

THINGS TO DO | MAY 2026



Tobago Events

SAT 30 MAY

Every Bloomin' Thing & More -

A Plant & Garden Show

The Eastern Horticultural Club

WASA Sports Club, Farm Road, St. Joseph

9:00 AM - 5:00 PM

Creative Collection

South Market

C3 Centre, San Fernando

10:00 AM - 6:00 PM

Trini Torque- Trinidad

Car Show

Southex

Skinner Park, San Fernando

12:00 PM - 8:00 PM

We Brunching - Tropical

Sunset Soiree

BD Promotions & Family

White House, Manuel Congo, Arima

3:00 PM - 10:00 PM

Paramin Sunset Tour

Island Experiences

Meeting Point: Hilton Hotel,

Port of Spain

3:30 PM - 7:30 PM

5K and Cooler Event

Boi Entertainment

Canoe Bay Junction, Tobago

4:00 PM

Secret Soiree

Bar Plus Services

MH Tactical, Chaguaramas

4:00 PM - 10:00 PM

R&B Saturdays

Anchor Bar & Grill

Anchor Bar & Grill, Mt. Irvine, Tobago

7:00 PM

The Bollywood Prince and the

Pauper from Penal

Cindon Productions, DCSHELL Theatre,

Crazy Catholic

Southern Academy for the

Performing Arts, San Fernando

7:00 PM - 9:30 PM

Tipsy

Crimson Crew, Besslime

Harbour Master, Port of Spain

7:00 PM - 11:00 PM

Mix and Mingle Saturdays

Jade Monkey Bar

Jade Monkey Bar, Crown Point,

Tobago

8:00 PM

SNL - Saturday Night Live

Barcode

Barcode, Scarborough, Tobago

9:00 PM

The Best of Reggae Dub Plate

Master Minds Sounds & Toppo Cat

Rockback on the Bay, Chaguaramas

9:00 PM - 4:00 AM

The Original Mayfair Party

Beach House Entertainment

Skallyway Bay, Chaguaramas

9:00 PM - 3:00 AM

Nostalgia - Lost Memories

Team ChillOut, DJ Darian Events,

NF Events

The World Famous Zen,

Port of Spain

10:00 PM - 4:00 AM

SUN 31 MAY

Trini Torque- Trinidad

Car Show

Southex

Skinner Park, San Fernando

12:00 PM - 8:00 PM

13th Annual Run 4 Life 5K &

Health Fair 2026

COSTAATT

COSTAATT City Campus,

Port of Spain

6:00 AM - 10:30 AM

ASATT'S National Primary

School Swim Meet 2026

Aquatics Sports Association of

Trinidad and Tobago

National Aquatic Centre, Couva

7:30 AM - 4:00 PM

(continued on next page)

Trinidad & Tobago

THINGS TO DO | MAY 2026

SUN 31 MAY

Madam Glam Expo

Madam Glam Expo
MovieTowne, Port of Spain
10:00 AM - 6:00 PM

Brunch Mondain

The Mondain Society
Sensational Sammy Resto Bar, Arima
2:00 PM - 8:00 PM

P.U.R.E.

Greek Entertainment
Ocean Pelican, Chaguaramas
2:30 PM - 7:30 PM

Sip & Paint

Roshell's Art
Toppers Restaurant & Bar,
Grand Bazaar
3:00 PM - 5:00 PM

Roselle

Out Of Eden Events
Rockback on the Bay, Chaguaramas
3:00 PM - 10:00 PM

Every Bloomin' Thing & More -

A Plant & Garden Show
The Eastern Horticultural Club
WASA Sports Club, Farm Road,
St. Joseph
9:00 AM - 5:00 PM

The Bollywood Prince and the Pauper from Penal

Cindon Productions, DCS Shell Theatre,
Crazy Catholic
Southern Academy for the
Performing Arts, San Fernando
5:00 PM - 7:30 PM

Scandal in Cedros

RS/RR Productions Theatre
Cipriani College of Labour &
Co-Operative Studies, Valsayn
6:30 PM

Sunday School

Paris Bar
Paris Bar, Buccoo, Tobago
8:00 PM

Reggae and R&B

Jade Monkey Bar
Jade Monkey Bar, Crown Point,
Tobago
8:00 PM



Tobago Events